

**E-News**

**Christ Lutheran Church**      **Bethesda, Maryland**      **Sunday October 3, 2010**

**WE INVITE YOU TO SUNDAY WORSHIP**

Praise 9:15 am  
Traditional 11:15 am  
Evening 5 pm



**Challenging Lifestyles for adults at 10:15 am.**

**Taize' Prayer Service - Monday, October 18**

Join us at 10:15 am for faith formation opportunities. We have fun for all ages: Jesus Loves Me! for pre-k and early elementary, Godly Play for older elementary, and Head to Heart for middle and high school and adults.

<http://www.heartmindsoul.com>

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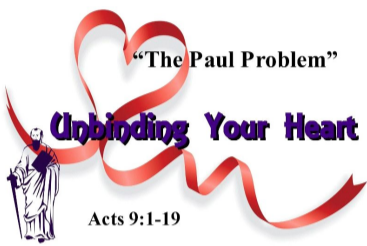
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**Christ Lutheran Church**  
8011 Old Georgetown Road  
Bethesda, Maryland  
301-652-5160



A faith community welcoming all to a place where you can connect with God and people -- offering service to others as a sign of God's love.



**SUNDAY OCTOBER 3 SERMON THEME**

"The Paul Problem"

**Unbinding Your Heart**

Acts 9:1-19

Paul's new faith in Christ sent his life in a brand new direction. Instead of being an enemy of Jesus, he was an envoy for Jesus. He told crowds of people

about the gospel. He wrote most of our New Testament. He was a new man. Suddenly Paul knew what a difference it made in his life to be a Christian. Paul saw grace. He saw freedom. He saw forgiveness. He saw a whole world of people who needed the gospel. Join us this Sunday for the launching of the "Unbinding Your Heart" small group experience. This will be an opportunity to explore a world in need of the gospel. There is a small study group available for you! We invite you to join in Bible study and prayer with a small group. [Email us @ the church for more information or to register for a group.](#)

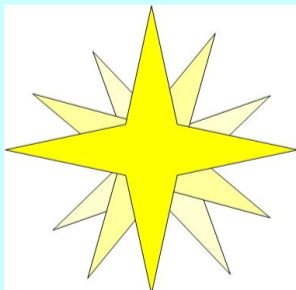
**New "Center Director In Training"**

Anne Mwangi has been promoted to Center Director in Training for Guiding Star located at 8011 Old Georgetown Road. Ms. Anne has been a wonderful asset to our center since joining us in March (2009)! Her energy, flexibility, and upbeat personality are appreciated by all of us-big and small.



She originally came to Guiding Star with a year of experience working with young children at another licensed center. She is mother to four children. Her youngest, Timmy attends our Two year old program. Ms. Anne has her bachelor's degree in Economics and is currently pursuing her Masters degree in education.

Anne's view on child development is: "I believe every child has great potential in them waiting to be tapped. This is especially noticeable as children develop from infancy to the toddler age. With good mentoring and guidance children can out do themselves and blossom into eager learners..."



**Guiding Star Child Development Center**

We have openings for fall contact us at:  
<http://www.starcdc.com/>  
301-229-3004 or 301- 656-9003

Find us on Facebook 

**Worship Sundays:**  
**Praise 9:15am**  
**Traditional 11:15am**  
**New Worship Service**  
**Sunday Evening @ 5 pm**  
**Evening worship will be followed by board game night. Bring your favorite game to play.**

[http://www.heartmindsoul.com/Staff Listing](http://www.heartmindsoul.com/StaffListing)

Pastor Marv Tollefson  
[pastor\\_marv@gmail.com](mailto:pastor_marv@gmail.com)  
301-652-5160

Laura North - Minister of Youth and Families  
[laura@heartmindsoul.com](mailto:laura@heartmindsoul.com)  
301-652-5160

Richard Czypinski - Minister of Music  
[richard@heartmindsoul.com](mailto:richard@heartmindsoul.com)  
301-652-5160

Florence Heacock - Small Group Minister  
[flohea@heartmindsoul.com](mailto:flohea@heartmindsoul.com)  
301-652-5160

**Upcoming Events**

**Unbinding the Heart begins October 3.**

**Faith formation for all ages Sundays @ 10:15 am**

**Taize' Prayer Service October 18- 7:15 pm**

**Sunday Evening Worship @ 5 pm**

365 is a free online devotional. Try it out and see what you think! Click on the link below to access. <http://www.d365.org/back2school/?CFID=2581844&CFTOKEN=57140825>

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